

# Partnership for A Healthy McLean County Newsletter

Jennifer Tucker  
Facilitator

July 2010

Is it July, already? June must have slipped past me, as I rushed my family to various ballparks. It is bittersweet to see the end of this Summer month because the Fourth of July and the McLean County Fair are soon to come! Have you registered for the Green River 5K held during the fair?

*Jennifer*

**Partnership for a Healthy  
McLean County  
is the new name for the  
former McLean County  
Health Council!**

The next meeting is Mon. July 19th at 12noon at the Cooperative Extension Service. Please call 302-4808 by July 15th for the lunch count.

**Partnership for a Healthy  
McLean County Officers**

At the June Meeting, Partnership for a Healthy McLean County moved forward with officers! Dr. Andria Brooks, DC, serves as Chairperson. Dr. Brooks is a Chiropractor at Calhoun Chiropractic Center. She is married to Jason Brooks and has lived in McLean County for 5 years. Dr. Brooks is a member of the Chamber of Commerce and is very involved with

philanthropic activities. She is currently hosting the 4<sup>th</sup> Annual School Supply Drive which is distributed through the Green River Outreach Family Resource & Youth Services Center. Dr. Brooks also has a toy drive for Christmas for Kids each year.

Rhonda Peak, RN, BSN, serves as Vice-Chairperson. Rhonda is married to David Peak, and has been a resident of McLean County for forty years. She has been retired for two and a half years. She was the Director of Community Health Services, HealthPark for OMHS. During her career in community health, she served on a number of boards. She was the Chairperson of the McAuley Free Clinic Board and served on the Healthy Horizons Committee. She also served on the DC-CAP (Daviess County Community Access Program) Board. She has already begun to serve the Partnership on both the **WeCan!** (**W**ays to **E**nhance **C**hildren's **A**ctivity and **N**utrition) and the Bylaw Subcommittees.

Melissa Gaither, RD, CDE, serves as the Secretary/Treasurer. Melissa is a Dietitian and Certified Diabetes Educator at OMHS HealthPark. She is married to John Gaither and has resided in McLean County for 4 years. She is a member of the Tristate Association of Diabetes Educators. She is interested in Total Wellness, and has already begun to serve the

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Partnership on the Billboard Subcommittee.  
Thank you to these priceless volunteers who  
value the health of McLean County. Your time  
is greatly appreciated!

## **Green River 16<sup>th</sup> Annual 5K Race & Walk**

The Green River 5K will be held on July 24<sup>th</sup> at  
7am. Registration and the Starting line will be  
at Calhoun Elementary School. The entry fee is  
\$10 with the late fee being \$12. There will be  
trophies and even a \$100 cash door prize.

New this year will be registration for K-5<sup>th</sup>  
grade. The entry fee is \$5 per child with  
deadline being July 1st. Free T-shirt included!  
The Mclean County elementary school with the  
highest percentage of registered students  
according to school enrollment can win \$500 to  
go towards physical education equipment. Each  
school participating must have at least 10  
students to be eligible for \$500.  
Parent/Guardian may walk with the child free  
with no eligibility for prizes of any kind, or pay  
\$5 entry fee and receive free t-shirt or pay \$10  
and be eligible for all prizes. Call Nancy Dant at  
273-3273 to obtain a registration form.

## **Home-Based Early Headstart**

Audubon Area Community Services has a new  
program in McLean County. The Home-Based  
Early Head Start serves pregnant women and  
families with children ages 0-3. When I visited  
this program (located next door to Schindler's  
Barber Shop in Calhoun), I was able to see  
where the children meet for playdates! Call  
Karyn Humphreys at (270)543-6532 or email  
her at kmhumphreys@audubon-area.com for  
more information.

[www.DrinkWaterFirst.com](http://www.DrinkWaterFirst.com)

Check out the website to learn about a chance  
for your family to win a weekend getaway!

## **Longest Day of Play Success!**

Over 180 guests enjoyed free food, games, and  
prizes at Myer Creek Park on June 27<sup>th</sup>. Families  
turned off the TV, and enjoyed physical  
activities outdoors. Make a note to attend next  
year's Longest Day of Play, as this is an annual  
event centered around the longest day of the  
year in late June.

**Partnership for a  
Healthy McLean County  
is in search of a logo and tag line!  
Please send your ideas to  
healthymclean@  
connectgradd.net**