

## **GREEN RIVER REGIONAL HEALTH COUNCIL**

August 11, 2009

M-I-N-U-T-E-S

The Green River Regional Health Council met on Tuesday, August 11, 2009, at 9:00 a.m., at the Green River Area Development District (GRADD) office, in Owensboro, Kentucky. Council members in attendance were as follows:

### COUNCIL MEMBERS PRESENT

Angela Curry  
Philip Travis  
Shane Bosaw  
Don Crask  
Pam Moran  
Dr. Laura Hancock-Jones  
Holly Simpson  
Pam Moran  
Valorie Tanner  
Jill Barger  
Jody Flener  
Joyce Crump  
Vivian Craig  
Christy Ramey  
Katie Englert

### COUNCIL MEMBERS ABSENT

Susan Langan  
Pat Hammock  
Fr. Fid Levri  
Steve Carter  
Pat Donahue  
Margaret Scott  
Lisa Jones  
Natalie Henning  
Patricia Bailey  
Sandy Barbour  
Scott Miller  
\*Jean Julius  
\*Jaime Rafferty  
\*Blaine Pieper  
\*Dr. Adam Brockman  
\*Debbie Fillman  
\*Brian Jones

### GUESTS AND STAFF PRESENT

Marianne Smith-Edge, Healthy Horizons  
Cathy Armour, Daviess County Resident  
Dr. Ron Wrona, Daviess County Resident  
Julie Wischer, Methodist Hospital Henderson  
Stephanie Lamar, Green River Regional Health Council Director, GRADD  
Lisa Flahardy, Support Services Technician, GRADD

\*Excused Absence

I. CALL TO ORDER

In the absence of Chairman Blaine Pieper, Vice-Chairman Janet Messer, and Secretary Jaime Rafferty, Stephanie Lamar called the meeting to order.

II. CONSIDERATION OF MINUTES

Stephanie Lamar presented the June 9, 2009, minutes for approval.

A motion was made by Philip Travis and seconded by Don Crask to approve the June 9, 2009, minutes of the Green River Regional Health Council meeting. A vote was taken and the motion carried.

III. COUNTY HEALTH COUNCIL REPORTS

A. Healthy Horizons – Daviess County

Marianne Smith-Edge reported Healthy Horizons has 14 initiatives based on “Healthy 2010”, which they work toward. One initiative is enhancing outcomes of existing programs geared toward reducing obesity rates in Daviess County. Healthy Horizons will be collecting existing data, surveying community partners, and creating a long term community goal. Once completed, this report will serve as a starting place for the Daviess County community to focus efforts toward reducing obesity rates. Ms. Smith-Edge shared the need for creating built environments. Built environment is a method of creating an avenue for physical activity by ensuring people has access to sidewalks, roadways, parks, trails, and bike paths in order to promote physical activity.

B. Hancock County

Angela Curry, local facilitator, informed the council they participated in the back to school bash with over 1,000 students attending and distributed report cards. They are working on a resource directory which is almost finished and have formed a committee to plan events for International Active Aging Week. A retreat is being planned to review the report card, as well as, create a mission and vision statement. They are also planning a September family day.

C. Henderson County

Pam Moran stated this council has been reengaged. Julie Wischer has volunteered to lead the council of which the interest has been present, but the leadership has been absent. Ms. Wischer will provide much-needed leadership.

D. Ohio County

Jody Flener, local facilitator, shared they resubmitted Phase II of the grant and are expecting a response by September 14. The Phase II grant project is “Health Academy”, and focuses on four areas: 1) obesity; 2) lack of exercise; 3) general knowledge of health care; and 4) health education. On September 24, they will be conducting various screenings and BMI’s (body mass index) at the fair, and the drug toss is scheduled for this date as well. October 11, is the second Sunday event, and they are partnering with the Ohio County Extension Office. Ms. Flener is now a trainer for Partnership of Fit Kentucky. This program is geared toward educating parents in dealing with nutrition choices and combating obesity in their children. There was discussion about Ms. Flener offering this training to the health council.

E. Union County

Tammy Belt, local facilitator, reported they participated in the longest day of play, and have been participating in back to school programs. Events are being planned for International Active Aging. Other activities include hosting a ministers’ luncheon to present the report card, Don Crask speaking on fall prevention August 17, and a retreat and workshop planned for October 15. A grant has been submitted to the Agency of Substance Abuse Policy (ASAP) requesting advertising funds for the Drug Toss in October. Dr. Laura Hancock-Jones shared the dental program is in full swing and has experienced some resistance in Daviess County with a local provider; therefore, Daviess County will not be served by the program this year. There was discussion concerning the resistance in Daviess County.

F. Webster County

Shane Bosaw, local facilitator, stated they have developed a vision and mission statement with five main goals and are scheduling a half-day retreat. Plans are being made for International Active Aging Week. They are working with the senior services program and KY ASAP on the Drug Toss. The high school is having an open house and they will be distributing the report card, along with information about the local council. They would like to partner with Ryan Hoisington, of Research and Engagement for Advancing Community Health (REACH), on a nutrition project involving the school systems.

IV. OLD BUSINESS

A. Strategic Plan Update

Stephanie Lamar reported a strategic plan will be developed based on the notes from the health council retreat. Ms. Lamar expects this to be ready in October.

V. NEW BUSINESS

A. Resignation of Janet Messer

Stephanie Lamar announced the council received a letter of resignation from Janet Messer effective August 11, 2009. Ms. Messer represents Lighthouse Recovery, which is a sustaining member and may appoint a new representative.

A motion was made by Pam Moran and seconded by Jody Flener to accept the resignation of Janet Messer. A vote was taken and the motion carried.

B. Nominating Committee

Stephanie Lamar stated the council requires a nominating committee in order to replace Janet Messer as the vice chairman. In the absence of Chairman Pieper, Ms. Lamar presented his suggested committee of Jaime Rafferty, Don Crask, and Pam Moran, with Jaime Rafferty serving as the committee chair.

A motion was made by Vivian Craig and seconded by Shane Bosaw to accept Chairman Pieper's suggestion of nominating committee members. A vote was taken and the motion carried.

C. Report Card Review Team

Stephanie Lamar explained the grant requires evaluation of the report card annually, as well as, producing an annual report card. Therefore, a report card committee needs to be formed. In the absence of Chairman Pieper, Ms. Lamar presented his suggested committee of Debbie Fillman, Vivian Craig, Dr. Adam Brockman, and Philip Travis, with Debbie Fillman serving as the committee chair. Ms. Craig asked if this committee will be given direction. Ms. Lamar stated it is the responsibility of this group to come back to the council with a recommendation on how to proceed.

A motion was made by Don Crask and seconded by Christy Ramey to accept Chairman Pieper's suggestion of report card committee members. A vote was taken and the motion carried.

D. McLean County Council

Stephanie Lamar reported information was presented to the Health Resources and Services Administration (HRSA) requesting the inclusion of McLean County in the grant, which would allow the council to hire a local facilitator for McLean County. HRSA approved the request.

E. HRSA Site Visit

Stephanie Lamar announced HRSA is scheduled for a site visit on September 16 and 17. There have been several conference calls with HRSA in preparation for this visit. Possible activities include visits to each rural council and a short meeting with the councils.

F. Network Assistant

Stephanie Lamar shared they are currently in the process of hiring a network assistant. Fourteen resumes have been received and they will be interviewing three candidates.

G. Unobligated Funds

Stephanie Lamar reported at the end of the first year there was \$57,898 in funds which were not spent due to the fact the council did not hire a strategic planner or grant writer. Ms. Lamar is requesting approval from HRSA to carryover these funds.

H. Contract with Strategic Health Care

Stephanie Lamar stated the council would like to propose entering into a contract with Strategic Health Care. This is the group that wrote the original grant at a cost of \$12,500. Chairman Pieper and Ms. Lamar spoke with Strategic Health Care and for a fee of \$46,000, they will write a minimum of three large grants for the council. The council will decide what grants to pursue. They will begin services August 11, 2009, and continue through February 2011.

A motion was made by Pam Moran and seconded by Don Crask to enter into a contract with Strategic Health Care. A vote was taken and the motion carried.

I. Drug Toss – Regional

Stephanie Lamar explained there was a drug toss training/celebration on July 17, 2009. Drug tosses have been scheduled in the following counties: Ohio County on September 24, Union County on October 17, and Hancock County on October 22.

J. Billboard Campaign

Stephanie Lamar reported \$12,000 is set aside for billboards. Ms. Lamar asked for volunteers to serve on the billboard committee. This committee will review the report card and have a recommendation concerning the billboard campaign at the October meeting. Those volunteering to serve were Jody Flener, Holly Simpson, Shane Bosaw, Tammy Belt, and Brian Jones.

K. Regional Event

Stephanie Lamar stated the council needs volunteers to serve on the regional event committee. Katie Englert, Don Crask, Dr. Laura Hancock-Jones, and Angie Curry volunteered.

VI. ADJOURNMENT

There being no further business, Stephanie Lamar asked for a motion to adjourn.

A motion was made by Philip Travis and seconded by Shane Bosaw to adjourn. A vote was taken and the motion carried.

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