

## **GREEN RIVER REGIONAL HEALTH COUNCIL**

October 13, 2009

M-I-N-U-T-E-S

The Green River Regional Health Council met on Tuesday, October 13, 2009, at 9:00 a.m., at the Green River Area Development District (GRADD) office, in Owensboro, Kentucky. Council members in attendance were as follows:

### COUNCIL MEMBERS PRESENT

Dr. Laura Hancock-Jones  
Holly Simpson  
Jill Barger  
Valorie Tanner  
Katie Englert  
Brian Jones  
Vivian Craig  
Jody Flener  
Jean Julius  
JAT Mountjoy  
Tim Mahone  
Christy Ramey  
Tammy Belt  
Stephanie Montgomery

### COUNCIL MEMBERS ABSENT

\*Fr. Fid Levri  
\*Dr. Adam Brockman  
Blaine Pieper  
Pat Hammock  
Don Crask  
Susan Langan  
Steve Carter  
Pat Donahue  
Margaret Scott  
Lisa Jones  
Julie Wischer  
Natalie Henning  
Patricia Bailey  
Sandy Barbour  
Scott Miller  
Joyce Crump  
\*Debbie Fillman  
\*Jaime Rafferty  
\*Pam Moran  
\*Philip Travis  
Marianne Smith-Edge  
Melissa Wolfe

### GUESTS AND STAFF PRESENT

Stephanie Lamar, Green River Regional Health Council Director, GRADD  
Teresa Roberts, Health Council Network Assistant, GRADD

Lisa Flahardy, Support Services Technician, GRADD

\*Excused Absence

I. CALL TO ORDER

In the absence of Chairman Blaine Pieper, Stephanie Lamar called the meeting to order.

II. CONSIDERATION OF MINUTES

In the absence of Jaime Rafferty, Stephanie Lamar presented the August 11, 2009, minutes for approval.

A motion was made by Dr. Laura Hancock-Jones and seconded by Brian Jones to approve the August 11, 2009, minutes of the Green River Regional Health Council meeting. A vote was taken and the motion carried.

III. COUNTY HEALTH COUNCIL REPORTS

A. Healthy Horizons – Daviess County

In the absence of Marianne Smith-Edge, JAT Mountjoy reported about a new grant the YMCA received mainly dealing with policy development. As a complement to the grant, Healthy Horizons is creating an obesity report. They are sending out a survey to determine what activities or programs are currently in Daviess County. The purpose of the survey is to identify the needs and make a recommendation. There was a guest speaker who spoke about “Bike Owensboro”. Owensboro is in favor of bike trails, and there was mention of Owensboro being on a nationwide bike trail. There was much discussion about bike trails and bike clubs.

Mr. Mountjoy announced the Owensboro/Daviess County Regional Dental Clinic opened on September 24, and is located in the basement of the Mayfair Building. In the first three weeks, 85 patients were seen. The target population is those with Medicaid and those without dental insurance, and the fee is based on a sliding scale. It is open to serve all counties and the phone number is (270) 691-6205.

B. Hancock County

Jill Barger, local chairman, reported the local facilitator resigned, effective August 15. They have interviewed some candidates but have yet to hire a new part-time facilitator. The local council promoted Interactive Aging Week, participated in Senior Day at the Gardens, Senior Day at the Mall, Second Sunday and hosted a family day at the park. They have completed the resource directory and those will be distributed at the

retreat which is scheduled for Friday, October 16, at the River House Bed and Breakfast. The resource directory will also be mailed to every household in Hancock County.

C. Henderson County

In the absence of Julie Wischer, no report was given.

D. Ohio County

Jody Flener, local facilitator, stated they participated in Interactive Aging Week and Second Sunday. The council resubmitted phase two of the grant and are resubmitting again after meeting with individuals in Frankfort. The focus of the grant will be on increasing activity and fighting obesity. Ms. Flener participated in a training of trainers for a program called “Recharge”. This is a program for children/youth and is a partnership with the NFL which focuses on activities and obesity. Beaver Dam City Council met and announced funding has been received for a farmers market. The Ohio County Drug Toss that was listed in the paper has been cancelled. The next council meeting is Thursday, October 15.

E. Union County

Tammy Belt, local facilitator, reported the council has made two presentations of the report card, one to the high school health occupation class and the other to the local ministerial alliance. They have received a grant for their drug toss which will be scheduled when the proper training has been completed. Funding has also been received through the Fiscal Court for a walking trail. They participated in Interactive Aging Week, which included an open house at Ben’s Place, a tea at the Red Hat Society, a 50’s sock hop and car show, and Senior Day at the Mall. On October 15, the council is having a retreat to determine their areas of focus and work on the vision and mission statement. They participated in Second Sunday and approximately 45 people participated.

F. Webster County

In the absence of Melissa Wolfe, local chairperson, Stephanie Lamar stated they held a retreat on Monday, August 24, with 20 in attendance. They developed action plans for the following goals: 1) develop and grow a diverse council with an adequate number of members to make the council effective; 2) focus on education as a primary emphasis for effecting community norms; 3) provide active involvement in the community health center to ensure the needs of the community are being met; 4) help Webster County Schools improve grades, discipline, and attendance issues by promoting healthy lifestyles for the students and staff; and 5) establish a mechanism for the development of a community physical activities center for Webster County residents. Shane Bosaw has resigned as the local facilitator however, has continued to serve on the council in a volunteer capacity. The council is currently advertising for a part-time facilitator. The next meeting is October 27, at the extension office.

IV. OLD BUSINESS

A. Strategic Plan Update

Stephanie Lamar explained a rough draft has been prepared using notes from the retreats and guidelines of the grant. If anyone is willing to serve and help in preparing the strategic plan to be presented at the December meeting, it will be appreciated.

B. Nominating Committee Report

In the absence of Jaime Rafferty, Stephanie Lamar stated the committee met and recommended Philip Travis serves as vice-chairman for the remainder of the year.

A motion was made by Dr. Laura Hancock-Jones and seconded by JAT Mountjoy to accept the recommendation of the council. A vote was taken and the motion carried.

C. Report Card Review Team

In the absence of Debbie Fillman, Stephanie Lamar explained this group met and reviewed the report card. They suggested securing Dr. Wrona in assisting the council in obtaining current and accurate data for the report card. Dr. Wrona has been contacted and they are waiting for a response. The council will be receiving a survey via email, to assist the committee in determining what information is to be included in the report card.

D. Health Resources and Services Administration (HRSA) Site Visit

Stephanie Lamar reported the site review went well. Thanks to all those who participated in the many sessions. As a result of this review, a time line was developed. The council is expecting a draft report from the site review team on October 15, and a policy and trends report is due from this council on October 22. The council's response to the draft report will be due October 29. A final report from the site review team is expected on November 5, and the final action plan is due to the site review team by November 12. The council will receive information from the GRADD staff regarding environmental issues that will have an impact on the health council.

E. Network Assistant

Stephanie Lamar announced Teresa Roberts was hired on August 17, as the Health Council Network Assistant and things are going well.

F. Unobligated Funds

Stephanie Lamar explained the council received notification from HRSA stating the request to carry over funds has been approved.

G. Contract with Strategic Health Care

Stephanie Lamar reported the contract with Strategic Health Care has been signed.

H. Drug Toss – Regional

Vivian Craig explained the drug tosses have been postponed due to the need for training on proper disposal of the drugs. This came as a suggestion from the Drug Enforcement Agency and the Kentucky Agency of Substance Abuse Policy Program. The training will be in late January.

I. Billboard Campaign

Stephanie Lamar stated it has been difficult for this group to schedule a meeting time. Following today's meeting; this group will meet and report to the council in December.

J. Regional Event

Stephanie Lamar reported this committee will meet immediately following today's meeting.

V. NEW BUSINESS

A. Nominating Committee/Officers

In the absence of Chairman Pieper, Stephanie Lamar explained a nominating committee needs to be selected. This committee will bring recommendations to the council for the new officers, which will serve for two years. The council may choose to keep the current nominating committee.

A motion was made by Vivian Craig  
and seconded by Dr. Laura Hancock-Jones  
to keep the current nominating committee.  
A vote was taken and the motion carried.

Ms. Craig explained the GRADD Board will make the recommendation for the chairman.

B. Return on Community Investment

Teresa Roberts commented on the website [www.chsdonline.com](http://www.chsdonline.com). This website has a return on community investment calculator which is for clinical programs only. Ms. Roberts distributed a hand out which showed the return on community investment for the Cooper Clayton Cessation being done in Hancock County. This can be used to calculate programs for obesity, smoking cessation, diabetes, hypertension, depression and alcohol. There was much discussion about this program. Vivian Craig suggested Ms. Roberts report monthly on a program in one of the counties showing the return on investment.

C. Web Page

Teresa Roberts explained the Regional Health Council will have a webpage that can be accessed from the GRADD webpage. Within the Health Council webpage, there will be a link to each of the local councils and their information and activities. The plan is also to have links available to reputable services that are relevant to the local councils. The goal is to organize and meet with a focus group and work out details and have the page ready to be launched, upon approval of the council, in December.

VI. ANNOUNCEMENTS

Stephanie Lamar announced she has been in communication with Ryan L. Hoisington, PharmD, Research and Engagement for Advancing Community Health (REACH) Liaison, UK Center for Rural Health, concerning some program ideas. The University of Kentucky is very interested in the Health Academy idea and there is a possibility of this becoming a regional pilot program.

Dr. Laura Hancock-Jones has meet with Natalie Begley who is part of the Center for Rural Health in Madisonville. Ms. Begley is working on the Oral Health Advisory Board and needs representatives from Hancock, Ohio and McLean Counties. Those with suggestions for possible representatives, contact Dr. Laura Hancock-Jones.

VII. ADJOURNMENT

There being no further business, Stephanie Lamar asked for a motion to adjourn.

A motion was made by Brian Jones and seconded by Jody Flener to adjourn. A vote was taken and the motion carried.

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