

Newsletter for Webster Co. Health Coalition

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April 2011

We are now a Coalition...(instead of a council...)

A non-profit partnership of organizations and individuals that are committed to improving the health of the citizens of Webster County.

The Coalition will meet Tuesday April 26th for a retreat at Wing Haven in Providence, from 10:00am to 2:00pm. Lunch is provided for 25 only. PLEASE RSVP.....

Depression, Suicide and Bulling... Professional Free Workshop..

Date...April 28th 6:00 to 8:00p.m
April 29th 8:30am to 2:00p.m

Location...Owensboro Christian Church Community Room, Entrance E, 2818 New Hartford Rd, Owensboro.

Sponsored by: Owensboro Suicide Prevention Coalition, Inc. & Owensboro Medical Health Systems.

To register for either or both workshops call:
RiverValley Behavioral Health
270 689 6576 or [email:Alexander-Shawnee@rvbh.com](mailto:Alexander-Shawnee@rvbh.com) for more info

APRIL IS NATIONAL DONATE LIFE

MONTH....

ITS LOVE THAT LIVES ON

www.organdonor.gov/get_involved/donatelifemonth.htm

“Sebree PTO

2 Miler(run or walk)”

Come out and raise

Money for a good cause and have fun...

Date: Sat., April 30th,

Time: 9:00am runners

9:30am walkers

Where: Sebree Park

Contact Melanie Kelsey at 860 8444 or

Dawn Whitsell 835 2117 for more info.

Entry fee \$15 for adults (18 or older)

\$5 for children.

The first 75 participants will receive a t-shirt.

All proceeds benefit the Sebree School PTO

APRIL IS ALSO

AWARENESS

FOR CHILD

ABUSE...

BLUE SABBATH IS BEING
RECONIZED IN CHURCHES
THRU-OUT KENTUCKY IN APRIL.
PRAYERS ARE LIFTED FOR
VICTIMS OF VERBAL, PHYSICAL

AND SEXUAL ABUSE, AS WELL
AS FOR THOSE WHO ABUSE.

VOLUNTEERS ARE NEEDED TO
HELP PROTECT AND LOVE
CHILDREN OF ALL ABUSE.

CASA IS A COURT APPOINTED
SPECIAL ADVOCATE

BE A CHILD'S VOICE IN A COURT
ROOM.....

CALL 270 830 8400 FOR MORE
INFO

**WORLD'S GREATEST BABY
SHOWER.....**

**DATE :THURSDAY,APRIL 28
TIME:5:30 TO 7:30PM
WHERE; SEBREE ELEMENTARY
SCHOOL
RSVP BY APRIL 25TH, CALL
639 9011
SPONSORED BY WEST AHEC,
FAMILY RESOURCE AND
EXTENSION OFFICE**

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**DID YOU
KNOW?**

YOUR MEDICARE PART B
PREMIUM WILL PAY FOR A
CARDIOVASCULAR
SCREENING?????

THIS IS A BLOOD TEST THAT HELPS DETECT CONDITIONS
THAT MAY LEAD TO A HEART ATTACK OR STROKE. THIS
SERVICE IS COVERED EVERY 5
YEARS TO TEST YOUR CHOLESTEROL, LIPID, AND
TRIGLYCERIDE LEVELS.
YOU PAY NOTHING FOR THE

TEST, BUT YOU GENERALLY HAVE TO PAY 20% OF THE
MEDICARE-APPROVED DOCTOR'S VISIT.
CALL 1 800 MEDICARE OR
GRADD AT 1 800 928 9094 AND ASK TO SPEAK TO A SHIP
COUNSELOR.

PARENTS

WATCH FOR SIGNS..BECAUSE
YOU CARE....

1 IN 2 TEENS DRANK ALCOHOL LAST YEAR...
1 IN 9 TEENS HAS ABUSED CRACK OR COCAINE IN LIFETIME...
1 IN 8 TEENS HAS ABUSED COUGH MEDICINE IN THEIR
LIFETIME...
1 IN 8 TEENS HAS ABUSED
ECSTASY IN THEIR LIFETIME.
1 IN 20 TEENS HAS ABUSED HEROIN IN THEIR LIFETIME..
1 IN 3 TEENS HAS ABUSED MARIJUANA IN THEIR LIFETIME..
1 IN 6 TEENS HAS ABUSED INHALANTS IN THEIR LIFETIME...
1 IN 14 TEENS HAS ABUSED METHAMPHETAMINE IN THEIR LIFETIME...
1 IN 5 TEENS HAS ABUSED PRESCRIPTION PAIN RELIEVERS IN THEIR LIFETIME...
1 IN 11,12TH GRADERS HAS
ABUSED SEDATIVES &/OR
TRANQUILIZERS IN THEIR
LIFETIME..
1 IN 20 TEENS HAS ABUSED
STEROIDS IN THEIR LIFETIME.
1 IN 4 TEENS SMOKED CIGARETTES IN THE LAST 30
DAYS.
FOR MORE INFO, VISIT
<http://www.drugfree.org/prevent>