

# Webster County Health COUNCIL NEWSLETTER

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## SAFETY TIPS FOR CHILDREN WHO ARE HOME

ALONE AFTER SCHOOL.....

KNOW THE RULES.....

According to the U.S. Department of Education,  
19% of kindergartners through eighth grades  
spend time before or after school in a self-care at  
least once a month.

Maturity should be the determining factor in  
whether a child should be left alone.

Steps to follow to help ensure positive afterschool  
experience.



Make sure they know their full name, address  
and phone number.

Parents full names, exact name of work place  
and telephone number, cell numbers.

How to carry a key that is hidden and secure.  
Provide neighbor with an extra key.

If being followed go in opposite direction and  
get help.

Walk with a friend and don't take short cuts or  
alleys.

Lock door once inside and let parents know  
their home.

Don't open door to anyone unless parents ap-  
prove.

Know who to call in emergency and 911.

Have all important phone numbers written  
down/fire dept/police/doctor/poison-control and  
a neighbor.

Written instruction what's allowed or expected.

Remember parents are always in charge, even if  
its from a distance.

