

## **SNAP E&T**

The SNAP Employment & Training (SNAP E&T) program is one of the ways the Kentucky Career Center helps individuals complete the work requirement. The SNAP E&T program helps individuals get jobs through job search, training, education, or work program activities. By offering these experiences, the SNAP E&T program promotes self-sufficiency and reduces reliance on SNAP benefits

Anyone in a SNAP household age 18-59 who is able to work must register for, look for, and accept work (except for exempted individuals). This is called the federal work requirement. Individuals who have a SNAP work requirement and live in an “active E&T county” must complete 20 hours of work per week (averaged monthly) to keep their SNAP benefits.

Individuals may complete their work requirement through one of the ways below in order to keep their SNAP benefits:

- Working 20+ hours per week, averaged monthly
- Participating in a component of the SNAP E&T program for 80 hours a month
- Combination of working and participating in a component of the SNAP Employment and Training (SNAP E&T) program for 20+ hours per week, averaged monthly

The Kentucky Career Center staff manages the Employment & Training (E&T) part of the SNAP E&T program. This means that staff help SNAP recipients who have a work requirement search for jobs, find training and education opportunities, and find work that help them meet their SNAP work requirement.

For more information call 270-686-2505

### **Resources**

- To learn more about SNAP, visit <https://benefind.ky.gov/General/SnapOverview>
- To report SNAP E&T activity hours, visit [www.CitizenConnect.ky.gov](http://www.CitizenConnect.ky.gov)