

March 2020

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Enriching Communities. Empowering People.

GRADD SENIOR NUTRITION PROGRAM MARCH 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	SALISBURY STEAK NORTHERN BEANS BRUSSELS SPROUTS DINNER ROLL MARGARINE FRUIT CRISP	3	SLOPPY JOE WHEAT BUN PARSLEY POTATOES CARROTS FRESH APPLE	4	SLICED TURKEY WHEAT BUN VEGETABLE SOUP (8 OZ) RAISINS SALTINES MUSTARD	5	BBQ PORK LIMA BEANS CALIFORNIA BLEND VEGETABLES WHITE BREAD PUDDING PICKLES	6	TUNA NOODLE CASSEROLE (6 OZ) GREEN PEAS WHEAT BREAD TROPICAL FRUIT MARGARINE
9	POLISH SAUSAGE BLACK EYED PEAS CABBAGE WHEAT BUN PINEAPPLE MUSTARD	10	HAM (2 OZ) WHEAT BREAD POTATO SOUP (8 OZ) MIXED FRUIT MAYO SALTINE	11	HAMBURGER CHEESE SLICE WHEAT BUN BAKED BEANS COLESLAW BAKED APPLES KETCHUP/ONION	12	ITALIAN BAKED CHICKEN AU GRATIN POTATOES SPINACH WHITE BREAD FRUITED GELATIN VINEGAR	13	TUNA SALAD (2 OZ) WHITE BREAD MIXED BEAN SOUP MANDARIN ORANGES SALTINE
16	PORK ROAST w/ STUFFING CALIFORNIA BLEND VEGETABLES BAKED APPLES WHEAT BREAD MARGARINE	17	HAM SALAD (2 OZ) WHITE BREAD VEGETABLE SOUP (8 OZ) MANDARIN ORANGES SALTINE	18	BREADED PORK CHOP SWEET POTATOES PEAS & CARROTS WHEAT BREAD FRUIT CRISP MARGARINE	19	CHICKEN TETRAZZINI ITALIAN BLEND VEGETABLES WHEAT BREAD PINEAPPLE BAKE MARGARINE	20	THEME DAY MARCH MADNESS: CHEESE PIZZA (2 SLICES) TOSSED SALAD RANCH DRESSING CHILLED PINEAPPLE <i>Homebound meal see below</i>
23	BREADED CHICKEN WHEAT BUN BRUSSELS SPROUTS HOMINY MIXED FRUIT MAYO	24	SLICED HAM (2 OZ) WHEAT BREAD OVEN ROASTED POTATOES BROCCOLI PASTA SALAD PEACHES MAYO	25	MEATLOAF PARSLEY POTATOES GREEN BEANS MARGARINE WHEAT BREAD PINEAPPLE	26	BBQ CHICKEN BREAST WHEAT BUN BAKED SWEET POTATO GREEN BEANS PUDDING MARGARINE	27	LOADED BAKED POTATO w/ BROCCOLI & CHEESE DINNER ROLL MARGARINE SOUR CREAM MIXED FRUIT
30	POT ROAST MASHED POTATOES CARROTS WHEAT BREAD	31	HEARTY CHILI (8 OZ) TOSSED SALAD RANCH DRESSING WHEAT CRACKERS		DIETARY TIP CHOOSE PLENTY OF AND VEGETABLES. ARE LOW IN		EXERCISE TIP YOU NEED AT LEAST MINUTES OF A DAY. IT HELPS	HOMEBOUND MEAL 20-Mar PIMENTO CHEESE WHITE BREAD	

FRESH ORANGE MARGARINE	FRESH APPLE	AND HIGH IN STRIVE FOR 5 A DAY.	CHOLESTEROL. AND PRESSURE LEVELS. HELPS MAINTAIN WEIGHT.	BROCCOLI SOUP PEACHES SALTINES
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GRADD serves between 600-700 meals daily to both homebound seniors and congregate nutrition sites through its 21 senior centers throughout the region. Approximately 350 clients receive hot meals delivered to their home Monday through Friday. Additionally, GRADD serves about 350 clients at its senior centers with lunch-time congregate meals. Clients in the congregate program also enjoy socialization and recreational activities.



The Green River Area Development District and the 7 Counties it serves were awarded funding through FEMA for the **Hazard Mitigation Plan Add-On for Infrastructure Resiliency Project**. The total proposed cost for the project is \$60,513.01. Daviess County will contract with GRADD to produce the risk assessment add-on to the 2021 update of the Hazard Mitigation Plan.

This risk assessment add-on "will use a planning process to identify public infrastructure, its dependencies and interdependencies, and the cross-border and regional vulnerabilities presented by said infrastructure. The assessment of vulnerability will lead to an expansion of the region's mitigation strategy toward mitigation actions that are intended to comply with the goals of the Disaster Recovery Reform Act (DRRA) of 2018 and FEMA's Building Resilient Infrastructure and Communities (BRIC) initiative."





ConnectGRADD Board of Directors

Wednesday, March 11

12:30 PM

[Click here for Agenda](#)

GRADD Water Management Council

Thursday, March 19

1:30 PM

GRADD Legislative Breakfast

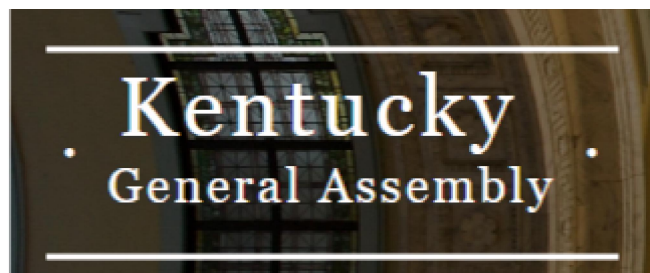
Saturday, March 21

9:00 AM

The public is invited to attend a Regional Legislative Breakfast hosted by the Green River Area Development District. The event will provide an opportunity for citizens to meet with their legislators and to participate in a discussion of important issues facing the GRADD region and the Commonwealth of Kentucky during the 2020 General Assembly.

[Click here](#) to view the **February Legislative Breakfast** on our YouTube Channel

View the legislators profiles on the [GRADD webpage](#).



[General Assembly's 2020 Calendar](#)

Mental Health and Aging Coalition

Thursday, March 26

10:00 AM

George Gray, CSW, Assistant Professor of Social Work at Brescia University will discuss “Caregiver Stress” and provide strategies to reduce stress.



For a complete listing of events and meetings check out our ['Events & Meetings'](#) webpage.

Congratulations





GRADD Chairman, Ohio County Judge Executive David Johnston, presents Britney Ammon a service award for 10 years of service to the GRADD region.

Congratulations





GRADD Chairman, Ohio County Judge Executive David Johnston, presents Heather Mullican a service award for 10 years of service to the GRADD region.

Congratulations



GRADD Chairman, Ohio County Judge Executive David Johnston, presents Ursula Mabrey a service award for 10 years of service to the GRADD region.

Congratulations


Union County on receiving \$5,149 from the KY Office of Homeland Security Law Enforcement Protection Program Grant for the purchase of 10 duty weapons and ammunition for the Union County Sheriff's Department.

City of Beaver Dam on receiving \$2,660 from the KY Office of Homeland Security Law Enforcement Protection Program Grant for the purchase of four body armor vests for the Beaver Dam Police Department.

City of Providence was recently awarded funding for their Providence City Lake Improvements Project through the Land & Water Conservation Fund (LWCF). The project will include paving the entrance road, construction of a boat dock, covered pavilion, and a nature trail. The total project cost is \$143,682, with funding awarded through LWCF totaling \$71,841.22.



STAND



Against Child Abuse

STAND * SUPPORT * ADVOCATE

APRIL 17, 2020

(rain date: April 24th)

4:30 p.m. to 7:00 p.m.






Kentucky Wesleyan College

MOMENT of
REMEMBERANCE

6:00 P.M.

RESOURCES! RESOURCES! RESOURCES!

CLOTHING CLOSET HOT DOGS BOUNCE HOUSE
PETTING ZOO ACTIVITIES GIVEAWAYS

Funding is in whole or in part from federal, CHFS, or other state funds

Community Collaboration for Children reserves the right to photograph the Stand Against Child Abuse participants and utilize the photographs without prior notice on social media channels as well as in future publications.



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